





Freewriting is the process of continuously writing for a set period of time with no judgement. When you



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Part 1	Parts of part 1
Part 2	Parts of part 2
Part 3	Parts of part 3

When journaling, you take on the role of a journalist and ask the “big six” questions used to thoroughly research a story: who, what, when, where, why, and how. Answer these prompts with sentences or phrases as they pertain to your topic. Once you’ve finished, consider the following questions about the prompts to direct or shape your paper:

What patterns, relationships, or themes do you see?

Which questions gave you the best results?

Conversely, which hardly gave you any result at all?

For more detailed help or if you have questions, visit the Writing Center located in the Lewis University Library or call 815-836-5427.

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